



Our next exercise

This exercise is designed to help you ride on a good flowing turns through related distances both on straight lines and curves.

The better you know the pattern following the numbers and arrows the more you learn the lesson! This is the base exercise, we will hopefully be able to do some more variations.

German Training scale

- Rhythm-Regular correct beat of the feet.
- Suppleness-Flowing movement through the whole body.
- Contact-Connection between the leg, seat and horses mouth.
- Impulsion-Available energy.
- Straightness-Back legs following front leg. Yes
- Collection- connected energy.

Collective Marks

(Marks at end of test)

- Paces - Correct and active even, regular gaits.
- Impulsion - Available energy shown by elastic movement in the whole body.
- Submission - Acceptance of the horse shown by the test accuracy.
- Rider - Sitting in balance good communication with the horse.